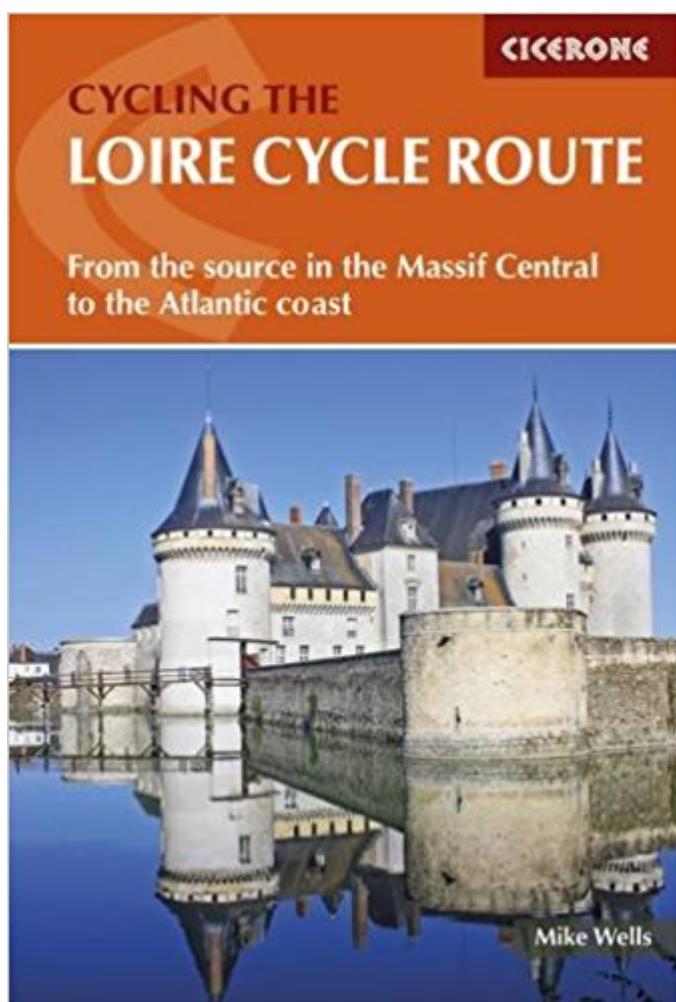


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# The Loire Cycle Route: From The Source In The Massif Central To The Atlantic Coast (Cicerone Guides)



## Synopsis

This guide describes a 1052km cycle route that starts at source of the Loire in the Massif Central mountains of central France and finishes at the Atlantic opposite St Nazaire. It descends past extinct volcanoes, crater lakes and deep gorges before joining EuroVelo route 6 and the fully waymarked Loire à Vélo, France's most popular cycle trail. Following the river downstream in 26 stages, the route is generally downhill or level often on dedicated traffic-free cycle tracks. Packed with a wealth of useful information - from practical planning advice to fascinating insights about the river and its surroundings - the guidebook features detailed route descriptions and informative mapping. Details of facilities and places to stay, and a French glossary are included. The route goes through the heart of France as the Loire becomes the royal river, bounded by extravagant châteaux, fields of Charolais cattle and vineyards. It passes through historic cities like Orléans and Tours, continuing past Angers and France's fourth largest city Nantes.

## Book Information

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## Customer Reviews

John Higginson is a retired headmaster and lecturer who has explored much of Europe by bike. He has also written the Cicerone cycle-touring guide to The Danube Cycleway and Cycling the River Loire.

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